

Take heart about your health—during and after the pandemic

Today, the world is focusing on the coronavirus. **But we don't want to lose focus on other important health concerns—like heart health.** If you have heart symptoms—or a heart condition—getting critical care is key. **Here's what you should look for:**



Heart attack

- Chest pain
- Difficulty breathing
- Discomfort in chest, arms, back, neck, shoulder or jaw

Think you're having a heart attack or stroke?

Call 911 immediately.

Our facilities are safe and have measures in place to protect you from infection.



Stroke

- Numbness, weakness or loss of movement in your face, leg or arm, especially on one side
- Confusion, trouble speaking or understanding
- Loss of balance

Have a heart condition and think you need a heart visit?

Don't delay, **call your Heart Center doctor to schedule an appointment.** Routine care can be conducted safely in our office.

For a list of office locations and phone numbers, visit [nuvancehealth.org/heartcenterlocations](https://www.nuvancehealth.org/heartcenterlocations).



The Heart Center also offers Virtual Visits. To learn more, visit [nuvancehealth.org/virtualvisits](https://www.nuvancehealth.org/virtualvisits).

The Heart Center, a division of Hudson Valley Cardiovascular Practice, P.C.
Source: American College of Cardiology

The Heart Center is now part of

